



SPEAKERS BUREAU



Presentation Information

Presentation Category	Officer Safety and Wellness
Presentation Title	From Striving to Thriving: The Role of Positive Leadership in Building Resilient Organizations
Presentation Length	2 Hours
Presentation Objective	Participants will gain a comprehensive understanding of the impact of leadership on employee well-being in the workplace. Participants will explore effective leadership practices, strategies, and behaviors that directly shape the physical, mental, and emotional well-being of teams. Participants will develop action plans for implementing effective leadership practices in their own organizations.
Presentation Description	In today's demanding law enforcement environment, marked by unprecedented levels of stress and burnout, the role of positive leadership has never been more vital. This transformative session goes beyond the basic tenets of leadership, delving into its profound impact on the holistic well-being of our law enforcement officers. Through a dynamic blend of real-world case studies and engaging interactive discussion, participants will embark on a journey to explore how effective leadership practices directly shape the physical, mental, and emotional well-being of their teams. By the end of this course, attendees will gain a deep understanding of the critical link between leadership and employee well-being, empowering them to cultivate a work environment where employees not only survive but thrive.
Speaker Name & Session	Frank Trammer, NA Session 289
Speaker Phone Number	(470) 317-8200
Speaker Email	guardianleadership@gmail.com
Speaker's Biography	Frank Trammer is a dynamic and influential speaker, trainer, and coach in the areas of leadership and personal development.

In 2018, Frank founded Guardian Leadership whose mission is to inspire, challenge, and equip others to lead with purpose, achieve their fullest potential, and enrich the lives of those they serve. He has helped hundreds of public safety agencies and thousands of leaders at all levels, transform their personal lives, careers, and organizations through his motivational style of leadership training.

Frank serves as an Executive Director for the John Maxwell Team, one of the largest and most trusted training and development organizations in the world. He has also served as an adjunct professor at the Georgia Institute of Technology and Columbus State University where he taught leadership. In addition to his leadership experience, Frank has a diverse public safety background, having worked more than 25 years in state, county, and municipal law enforcement. Presently, he serves as Chief of Police at the newly established Stockbridge Police Department in Georgia.