



## **Presentation Information**

Presentation Category	Miscellaneous Topics
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Presentation Title	Organizational Goals for Women
Presentation Length	90 minutes
Presentation Objective	This course is designed to help sworn and civilian women take a step back, examine their self-worth, and recognize their valuable contributions to their spouses, children, and family. This course supplies attendees with an understanding of the importance of prioritizing and how to achieve a more balanced and stress-free environment.
Presentation Description	Women often lead stressful lives. We regularly attempt to juggle the pressures of working a full-time job while being a mother and a wife. At times the demand for our attention to everyday mundane responsibilities encompassed with the relentless pressure that we place on ourselves to fix everything results in a sense of frustration to the point of physical and mental exhaustion.
	This course is designed exclusively for women and is intended to promote change in the participant's personal and professional life. Group work and laugh-out-loud competitive exercises make this presentation a session to remember.
Speaker Name & Session	Donna Kinsey, NA Session 222
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Speaker Phone Number	(786) 255-6054
Speaker Email	yntaw21@yahoo.com
Speaker's Biography	Major Donna Kinsey, is a retired veteran law enforcement officer who has been actively involved in training and program development for over 30 years. During the course of her career,

she was awarded the FBI Women in Law Enforcement
Leadership Award, and was the three-time recipient of the
Department's top honor, the Administrative Excellence Award.
While serving in the Career Development Unit, she instituted the Department's first set of professional hiring standards. Her accomplishments include being the first women in the history of her department to attend the FBI National Academy, (session # 222). She was appointed as the Department's Range Master, responsible for the firearm qualification and training of all sworn members of the Department. She developed and instituted the Department's Law Enforcement Response to Active Shooter protocol, administering the training at local schools including Johnson and Whales University, where she served as an adjunct professor. She was editor and feature writer of the North Miami Police Department's first Annual Report, saluting women in law enforcement and military women who lost their lives in the line of duty.
Post retirement, certified by the Florida Department of Law Enforcement as a high liability trainer, she continues to develop and conduct general and high liability training seminars for public and private organizations. Donna completed her Bachelor's Degree in Organizational Leadership at St. Thomas University, Miami, Florida and earned her Master's Degree in Public Administration at Barry University, graduating summa cum laude from both institutions.
She has been featured in numerous articles and publications including the FBI National Academy magazine "Extraordinary Members," and Hispanic Executive among others. She is the founder and president of TEC III, Training Enhancement Center, a company that provides specialized instruction to public and private organizations. She is a member of the FBI National Academy Speakers Bureau. One of her featured seminars, "Survival Mindset," offers training in the recognition and avoidance of violent encounters.