



Presentation Information

Presentation Category	Emotional/Survivalist Mindset
Presentation Title	Survival Mindset
Presentation Length	120 Minutes
Presentation Objective	Upon completion of this course, participants will have
	acquired skills that are essential in incorporating personal
	safety measures into their daily lives. Students will learn how
	to identify potentially dangerous situations and how to avoid
	them.
Presentation Description	The material contained in this presentation is particularly illustrative of the dangers of inattention to potential threats in situations where people tend to be complacent or distracted and offers excellent opportunities to teach specific, potentially life-saving behaviors in response to those threats. The course is intended for adults of all ages, including * teens age 15 and up. The course incorporates lecture, PowerPoint, video and actual demonstration. The techniques do not involve strength training, but rather mental preparedness and avoidance techniques. The presentation is designed to provide factual information on actual cases of violent crimes. Simulations of violent activity and/or behavior that may occur in situations are also included. The information is designed to be accurate and authoritative in regard to the subject matter covered.

	Objectives: Upon completion of this course, participants will have acquired skills that are essential in incorporating person safety measures into their daily lives. Students will learn how to identify potentially dangerous situations and how to avoid them.
	This course is designed to teach public safety and will encompass discussion of real-life scenarios including information on the following topics:
	Ways to avoid a potentially violent encounter, where and how should I park my vehicle, what do I do if my vehicle breaks down, where is my "safety zone", what sex offenders do not want you to know and what do I do if I am attacked?
	Survival Mindset Phase II, Weapon Options for Women (WOW) course is also available.
	To learn more about both seminars and Donna Kinsey ©TEC III 2017.
	NOTE: Material contained in this presentation may not be suitable for children under the age of 15 © TEC III 2014
Speaker Name & Session	Donna Kinsey, NA Session 222
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Speaker's Biography	Major Donna Kinsey, (Ret), NA Session 222, began her career in Law Enforcement in 1980 and has been actively involved in training for over 30 years. During her career, she served in
	nearly every division within her Department to include serving as the Department's Rangemaster, where she developed the Department's Law Enforcement Response to Active Shooter
	protocol. She produced the police department's first Annual Report, saluting women in law enforcement and military women who lost their lives in the line of duty. As editor and

feature writer, the report highlighted the many contributions that women have to offer while facing the demands of working a full-time job, being a mother and wife. During her career, she received numerous recognitions and honors including being a three-time recipient of the Department's top honor, the "Administrative Excellence" award. In 2007, she was awarded the FBI "women in Law Enforcement Leadership Award." She earned her bachelor's degree in Organizational Leadership at St. Thomas University in Miami, graduating Summa Cum Laude and her master's degree in Public Administration at Barry University. She was the 1st woman selected to attend the FBI National Academy in the history of her Department. She is a graduate of FBINA Session 222. She has been featured in numerous articles and publication, including the FBINAA magazine "Extraordinary Members." She is the founder and CEO of TEC III, North Miami (FL) Training Enhancement Center, a company that provides executive leadership training and other specialized instruction to public and private organizations. www.trainingenhancementcenter.com