



**FBINAA**  
FBI National Academy Associates, Inc.



**SPEAKERS BUREAU**

<b>Name</b>	Donna Kinsey
<b>NA Graduate</b>	222 <sup>nd</sup> Session
<b>Company/Agency /Organization</b>	TEC III
<b>Email</b>	<a href="mailto:yntaw21@yahoo.com">yntaw21@yahoo.com</a>
<b>Cell Phone</b>	(786) 255-6054
<b>Alternate Phone</b>	(786) 255-6054
<b>Topic of Presentation</b>	Emotional/Survival Mindset
<b>Title of Presentation</b>	Organizational Goals and Stress-free Fundamentals for Women
<b>Length of Presentation</b>	60 minutes
<b>Presentation Objective</b>	This course is designed exclusively for women and is intended to promote change in the participant's personal and professional life. This course supplies attendees with an understanding of the importance of prioritizing and how to achieve a more balanced and stress-free environment.
<b>Referral Source Name</b>	Laurie Cahill
<b>Referral Source Email</b>	<a href="mailto:lcahill@fbinaa.org">lcahill@fbinaa.org</a>
<b>Presentation Description</b>	Women often lead stressful lives. We regularly attempt to juggle the pressures of working a full time job while being a mother and a wife. At times the demand for our attention to everyday mundane responsibilities encompassed with the relentless pressure that we place on ourselves to fix everything, results in a sense of

frustration to the point of physical and mental exhaustion. This course is designed to help women take a step back, examine their self-worth and recognize their valuable contributions to their spouses, children and family.

### Speaker Bio

Donna is a certified high liability instructor with over 29 years of law enforcement and training experience. During her career, she received numerous recognitions and honors including being a 3-time recipient of her Department's top honor, the Administrative Excellence award and the FBI Women in Law Enforcement Leadership Award. While serving as the Department's Firearms Range Master, she developed and implemented the Department's first "Active Shooter scenario based training protocol," which served as a model for other agencies. She earned her B/A Degree in Organizational Leadership at St. Thomas University in Miami, and a Master's Degree in Public Administration at Barry University, graduating Summa Cum Laude from both institutions. Donna was the 1st woman to attend the FBI National Academy in the history of her Department, (FBINA Session 222). She is the founder of Training Enhancement Center, a company that provides leadership training/consulting designed to transform behaviors. She has been a featured presenter at numerous conferences and frequently serves as a key note speaker. She recently co-authored an on-line exclusive article published in Hispanic Executive, titled; 10 "Things That Can Save Your Life."

<http://hispanicexecutive.com/2014/self-defense-white-paper/>

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