



SPEAKERS BUREAU



Presentation Information

Presentation Category	Executive Leadership
Presentation Title	Mindfulness & Police Leadership
Presentation Length	Half-Day or Full-Day
Presentation Objective	This course explores concepts of mindfulness from the perspective of public service and emergency responders. This interactive course provides attendees the opportunity to engage and discuss current trends and practices, incorporating themes from 21st Century Policing and the IACP “P.R.E.P. for Duty” models.
Presentation Description	The course uses examples from sports, athletes, and professional research to guide students through worksheets, reflection, discussion, and video examples to define their own personal leadership philosophy. Course themes are overlaid with contemporary concepts, case studies, and current events. This is an interactive course, relying on sports/athletes, student interaction, videos, and humor.
Speaker Name & Session	Tim Gately, NA Session 261
Speaker Phone Number	(206) 395-5651
Speaker Email	tim@timothyjllc.com
Speaker’s Biography	Tim Gately is a 23-year law enforcement veteran and currently serves as the Captain of Administration for the Redmond, WA Police Dept. He has the primary responsibility of leading the Administration Bureau, including Community Engagement, Criminal Investigations, Media/Public Information, Hiring, Training, Internal Affairs, and Budget & Planning. His command-level assignments have included patrol operations, criminal investigations, and administration

Capt. Gately has served as a Detective, Public Information Officer, Crisis Negotiator, Drug Recognition Expert, Sergeant, and Lieutenant. Before joining Redmond in 2004, Tim served as a Washington State Patrol Trooper for 5 years in the Seattle area. He currently serves as Principal Faculty for the City University of Seattle Criminal Justice Program.

Capt. Gately holds a Master of Public Administration (EMPA) from the University of Washington, a Master of Law Enforcement & Public Safety Leadership from the University of San Diego, and a B.S. in Communications from the City University of Seattle. He is a graduate of FBI National Academy Session #261 and the Center for Creative Leadership.

Capt. Gately has authored national publications for Police Chief Magazine addressing community responses to homelessness and public-private regional partnerships. He enjoys volunteering for Special Olympics, his church, and currently serves as the Assistant Coordinator for the FBI NAA Youth Leadership Program and on the Board of Directors for the FBI NAA Washington State Chapter.

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