



SPEAKERS BUREAU



Presentation Information

Presentation Category	Officer Fitness, Safety & Wellness
Presentation Title	Trauma Informed Policing
Presentation Length	Varies
Presentation Objective	To inform law enforcement professionals about how trauma impacts all aspects of law enforcement. Victims, suspects, and first responders all experience trauma. Mitigating this trauma through awareness, de-escalation and stress management before, during and after an event, can improve investigations, outcomes, and officer careers.
Presentation Description	Lecture with power points and discussion. This presentation can be broken down into various components depending on the length required. Mental health awareness, trauma and de-escalation, and stress management can be presented separately.
Speaker Name & Session	Jonathan Garlick, NA Session 263
Speaker Phone Number	(256) 591-4022
Speaker Email	jgarlick@jongarlicklpc.com
Speaker's Biography	<p>Jon Garlick spent the first 14 years of his professional life as an accountant for a medium sized manufacturing business, ending that career as Vice President and Chief Financial Officer of Lee Brass Company in Anniston Alabama.</p> <p>Seeking to do something more meaningful, Garlick earned a Masters, in counseling and an Education Specialist degree from Jacksonville State University becoming a Licensed Professional Counselor and Nationally Certified Counselor. He worked with at risk children and families, counseling and teaching parent classes for the LINC Program, and is a Clinically Certified Juvenile Treatment Specialist. Choosing to</p>

help people when they are in the most need, he joined the Calhoun County Sheriff's Office and became a Certified Law Enforcement Officer as well as a Certified Hostage Negotiator and Crisis Intervention Specialist. He developed and led the first Crisis Negotiation/Incident Management Team for the Sheriff's Office and during that time became a Certified Homeland Protection Professional and a Court Security Specialist. Garlick eventually became a Certified Jail Manager and was Jail Administrator before becoming the first Mental Health Officer for Calhoun County and rising through the ranks from Sergeant to Lieutenant, attending the FBI National Academy, and retiring in 2019 as Chief Deputy.

Currently Jon is an adjunct professor at Jacksonville State University and is in private practice as a consultant and counselor using his experience, training and education as an expert witness, public speaker, and to facilitate change in people and organizations.